SMA Adolescent Residential Programs: A Virtual Tour

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Drone Tour
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https://youtu.be/X13E5W_WGps
Renovations Spring 2017
Welcome to SMA’s Adolescent Campus
Bringing Enrichment And Children Home

BEACH House
First impressions matter!
Intentional Design
BEACH HOUSE

Bringing Enrichment And Children Home

Shelter

Steps to Get Help

- Call SMA's 24/7 Access Center 800-539-4228
- Explain your situation, answer all questions, and follow up as recommended
- Ask questions if you do not understand

CINS-FINS
Children In Need of Services
Families In Need of Services

Safe Place

Annual 5K Fundraiser
Residential Adolescent Program

RAP
Residential Adolescent Program (RAP)

Residential Substance Abuse Program for Adolescents

Phases of Treatment

- **YELLOW PHASE**  Settling in, settling down, planning your treatment
- **GREEN PHASE**  Getting down to the work of changing
- **BLUE PHASE**  Getting serious about change
- **BLACK PHASE**  Transitioning back into the community
- **GRAD PHASE**  Maintaining Recovery

Criteria-Based Program

While every client’s plan and circumstances are unique, successful graduates should demonstrate certain skills and/or conditions.

- At least 120 days sobriety/abstinence
- Knowledge of substance abuse and its risks
- Realistic plan for drug-free living
- Family factors addressed, being resolved
- Prosocial attitudes and behaviors
- Adequate coping and adaptive skills
- Emotional stability
- Healthy self-concept/self-esteem
- School and/or occupational skills
- Insight into relapse
- Review of social support system
- Availability of safety and stability in home/school/community
- Age-appropriate level of self-care
- Developed or expanded at least two recreational/leisure activities that are drug and alcohol free
Therapeutic Recreation

Corrective Emotional Experiences
Team Building and Communication
Overcoming Fears
Personal Achievement
Community Partnerships
Adolescent Residential Campus

Where even wild turkeys can feel safe during the holidays!
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